

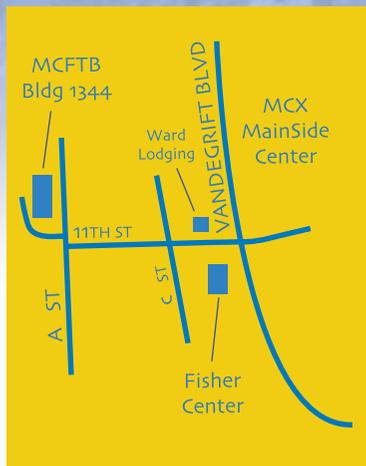
*Our mission is to enhance unit readiness by providing quality educational programs that build confident military families.*

MCFTB invites you to visit our offices and learn about our services. Come use our state of the art Readiness & Media Resource Room. We are your direct link to readiness information at Camp Pendleton and the local communities.

Visit us on the World Wide Web at:  
[www.cpp.usmc.mil/jpao/villagecenter/home.htm](http://www.cpp.usmc.mil/jpao/villagecenter/home.htm)

MCFTB Location:  
Marine Corps Base, Camp Pendleton, CA,  
Building 1344.

Hours: 7:30 a.m. - 4:00 p.m.  
Call MCFTB for an appointment.  
Walk-ins are welcome.



## GENERAL INFORMATION

760-763-1337

### CREDO

Chaplains Religious Enrichment  
Development Operation  
For retreat registration call:  
1-877-548-5407 or 760-830-4989 (DSN 957)  
General program information 760-725-4954

### PREP

Prevention & Relationship Enhancement  
Program  
760-725-4954

### L.I.N.K.S.

Lifestyle, Insights, Networking,  
Knowledge & Skills  
760-725-2335

### SLS

Spouses' Leadership Seminar  
760-763-1337

### KVN

Key Volunteer Network  
760-725-6637

### DRS

Deployment & Readiness Support  
760-725-9052



*Building strong military families for a strong nation!*



**Marine Corps  
Family Team  
Building**  
Camp Pendleton

## CREDO

### Chaplains Religious Enrichment Development Operation

760-725-4954

CREDO offers married couples, individuals, and teens a variety of weekend retreats. Set in scenic environments such as Big Bear and Sequoia, these retreats offer insight and enhancement into relationships with God, marriage, family, and personal growth.

The following retreats are available:

Marriage Enrichment (MER): provides tools for enhancing human understanding, intimacy and communication.

Spiritual Growth (SGR): provides insights to understanding your relationship with God.

Unit Team Building (UTB): provides appreciation of individual differences and develops shared visions, communication and cooperation in units.

Personal Growth (PGR): provides insights for personal growth, acceptance of responsibility and builds self esteem.

Teen Retreat (TR): provides a nurturing community for self-reflection, enhancement of self-esteem, trust and interpersonal relationships.

*"Redefining life through community"*

## PREP

### Prevention & Relationship Enhancement Program

760-725-4954

PREP is a research-based approach to teaching couples (premarital or marital) how to communicate effectively, work as a team to solve problems, manage conflicts without damaging closeness, and preserve and enhance commitment and friendship. Statistics have proven that PREP is effective in preventing divorce. PREP offers workshops for:

- Married Couples
- Engaged Couples

*"Building relationships through communication"*

## L.I.N.K.S.

### Lifestyle, Insights, Networking, Knowledge & Skills

760-725-2335

L.I.N.K.S. is designed to answer the question, **"What does it mean to be a military spouse?"**

In a comfortable, small group setting, mentors with experience in the military lifestyle will present and lead discussions on:

- Mission of the U.S. Marine Corps to include Navy personnel attached to the Marine Corps units
- Resources and support organizations available to military families Maine Corps wide
- Insight into the military pay system
- How to thrive and where to find support during separations/deployments
- Importance of networking skills
- Adventures in your new community

**"Who is L.I.N.K.S. designed for?"**

- Spouses of Marines and Sailors who are new to the military lifestyle, both enlisted and officer personnel.
- On-site babysitting is provided and paid for by L.I.N.K.S.

*"Building Confident Military Families"*

## SLS

### Spouses' Leadership Program

760-763-1337

SLS is a formal training program designed to give spouses an introduction to the concepts and components of leadership. SLS attendees are military spouses who have demonstrated consistent commitment to and involvement in family readiness and community building programs. The seminar provides the spouses with the knowledge and skills to enhance their effectiveness in leadership positions.

*"Promoting volunteer spirit through leadership education"*

## KVN

### Key Volunteer Network

760-725-6637

Key Volunteer Network conducts training for family readiness programs that enhances unit and family readiness.

#### **KVN Training**

- Family Readiness Officer
- Key Volunteer
- Key Volunteer Coordinator

#### **KVN Programs Support**

- Guest Speaker
- Consultations
- KVN archive of ideas & resources

*"Strengthening unit communities through family readiness education"*

## DRS

### Deployment & Readiness Support

760-725-9052

DRS enhances unit readiness by delivering mobile family education programs to all ages. Designed specifically for Marines, Sailors and families, these programs increase their awareness of relevant readiness issues, while offering individuals creative ideas to build a healthy family.

#### **Command Support**

- Consultations
- Family & Community Events
- Information & Resources
- Command Briefs

#### **Readiness Education**

- Pre-deployment Briefs
- Readiness Training
- Return & Reunion Workshops
- Formal Schools

#### **Children Activities**

- Puppet Shows

*"Providing tools for personal & family readiness"*

